



# The Evolving Multimodal Management Plan for Postoperative Ileus

APPLICATIONS IN PRACTICE EDUCATIONAL RESOURCE

## Postoperative Ileus Retrospective Performance Review – Next Steps –

**Which elements of a multimodal approach are consistently included in your current protocols? (you may select more than one)**

- a. Multidisciplinary team participation in a multimodal strategy
- b. Patient education
- c. Patient optimization
- d. Prophylactic therapy (pain, anxiety, nausea, ileus)
- e. Minimization of surgical stress; laparoscopic surgery if appropriate/possible
- f. Choice of anesthetic and route of administration that minimize impact on GI motility
- g. Removal of NG tube
- h. Scheduled laxatives
- i. Early oral/enteral/sham feeding
- j. Early ambulation
- k. Opioid-sparing analgesia
- l. Peripheral opioid antagonism
- m. Other

**What are the barriers to implementing change(s) to your current practices? (you may select more than one)**

- a. Lack of awareness about a multimodal/fast-track approach
- b. Skepticism about the effectiveness of a multimodal/fast-track approach
- c. Institutional limitations
- d. Time involved in multimodal protocols
- e. Insufficient expertise
- f. Limited staff support
- g. Reimbursement or liability issues
- h. Difficulty engaging a multidisciplinary team
- i. Lack of support from hospital administration
- j. Other

**Select the measures that are not consistently implemented, but might contribute to a difference in patient outcomes? (you may select more than one)**

- a. Multidisciplinary team participation in a multimodal strategy
- b. Patient education
- c. Patient optimization
- d. Prophylactic therapy (pain, anxiety, nausea, ileus)
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- f. Choice of anesthetic and route of administration that minimize impact on GI motility
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- j. Early ambulation
- k. Opioid-sparing analgesia
- l. Peripheral opioid antagonism
- m. Other

**Who are the individuals who can help you to overcome these barriers? (you may select more than one)**

- a. Surgical colleagues
- b. Nursing colleagues
- c. Anesthesia colleagues
- d. Pharmacy colleagues
- e. Physiotherapy colleagues
- f. Support personnel
- g. Hospital administration
- h. Other